# **Mental Wellness Committee**



## **District-Wide**

# **Strategic Goals**





Achieve educational excellence and high levels of learning for all

Promote collaboration, innovation, and flexibility to prepare students for their future

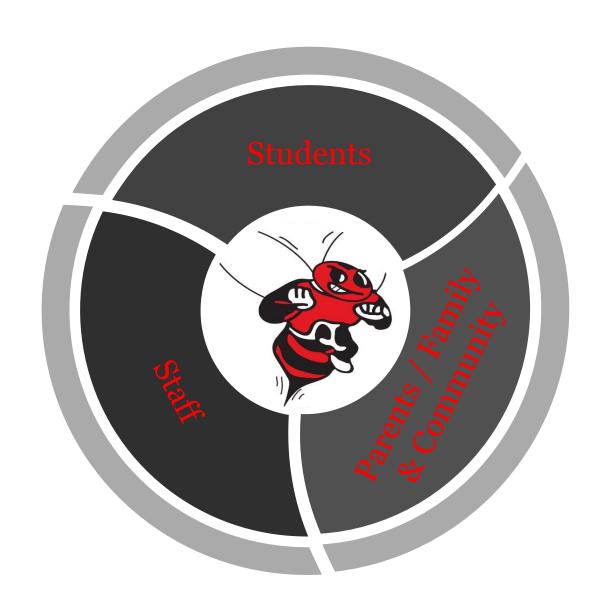




Ensure equal access, opportunity and choice for all students

Provide every student with the educational experiences and opportunities that will foster the full development of his or her potential.

# Mental Wellness Committee Model



# Mental Wellness Committee

### Work



- ★ Presentations on substance abuse, suicide, anxiety, mental health topics and stressors.
- ★ Curriculum review and recommendations.
- ★ Staff training & professional development
- **★** Assessment & Screening Tools
- ★ Policy change / updates
- **★** Student Leadership

# Student Perspective

- Why is it important to have students on the MWC
- Student experience as a representative of the committee
- 2019-2020 Goals



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