



HOSTED BY ERIE 1 BOCES
MANAGEMENT ASSOCIATION
OPEN TO ALL SAANYS REGION 12 MEMBERS

Atomic Habits

Monday | May 16, 2022
12-1:00 pm

A virtual book look ...

An Easy & Proven Way to BUILD Good Habits and BREAK Bad Ones

This breakthrough book from James Clear is the most comprehensive guide on how to make small and manageable changes that will make a big difference both at home and at work.



Join Jenn David-Lang, *The Main Idea*, for a comprehensive look at the big ideas in the book and an engaging conversation about how you can put these ideas to work. You will leave with ideas you can implement today.

Facilitated by: Karen Bronson, SAANYS Director of Professional Learning

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