



SAANYS SPOTLIGHT

A Comprehensive Approach to Mental Health Promotion and Suicide Prevention for High Schools

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The need to focus on the mental well-being of our students as well as ourselves and one another has never been greater. School cultures that promote mental health as a primary component that is everyone's responsibility are essential to promoting mental health and well-being.

NASSP recently shared a surgeon general report that indicates that one in five children and adolescents will face a significant mental health condition during their school years. Students suffering from conditions such as depression, anxiety, eating disorders, and others face significant barriers to learning and well-being.

Don't miss this important hour. Focused on the seven key domains that support student mental health and suicide prevention, participants will learn how they can assess and **strengthen school policies, programs, and systems**, to equitably support emotional well-being and prevent suicide through a systematic and evidence based public health approach.

Register your team! This presentation is relevant administrators in **ALL leadership roles**. School counselors, nurses, facility and operations, transportation and other essential service leaders are encouraged to attend with principals, assistant principals and district leaders.

OPEN AND FREE TO ALL EDUCATORS
TEAMS AND INDIVIDUALS ARE WELCOME TO ATTEND
SAANYS MEMBER FREE | \$25.00 non-members

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